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Apr 12, 2016 · Her website is CaraBradley.net and she joins me this week to discuss her new book, On the Verge, Wake Up, Show Up, and Shine. Category Entertainment;

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Ep-52: cara bradley- on the verge: wake up, show up & shine

For Life on Purpose Episode #52, my guest is author, yoga teacher, mental strength coach, former pro-skater, and entrepreneur Cara Bradley. Cara joined me for an

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