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Dr. Rob Bell**

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Dr. Rob Bell talks mental toughness setbacks, says Dr. Rob Bell, local sports psychologist and author of "The Hinge: The Importance of Mental Toughness."

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Small hinges swing big doors - john brubaker

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Uma 034: sport psychology coach rob bell from unlocking the

He's the Author of two books on Mental Toughness, The Hinge: The Importance of Mental Toughness & Mental Toughness Training for Golf. He's published over

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He is the author of four books on mental toughness: The Hinge: The Importance of Mental Toughness , Mental Toughness Training for Golf, NO FEAR: A Simple

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He is also a mental game coach; a mental toughness guy who works with The Hinge:<http://www.amazon.com/The-Hinge-Importance-Mental->

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